

All Systems Go Ltd

Complete IT and Compliance Solution Providers



July 2011 – Issue 7

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OUR PRODUCTS AND SERVICES

IT

- Hardware and software installation.
- Network troubleshooting.
- Email and internet problems and setup.
- Securing wireless networks.
- Peripheral setup of printers, cameras and other external devices.
- Viruses, Spyware, and Adware removal.
- Server installation.
- Small Business Management.
- Forensic Recovery.

COMPLIANCE SERVICES

- Project management to meet your audit, data collection, product sampling, evaluation and reporting needs.
- GMP, HACCP or Quality Systems Development, Training and Audits.
- Standing Operating Procedure Development
- Quality Monitoring for food manufacturers and distributors who need a food safety programme and/or need to comply with food labelling legislation Health & Safety programmes compliant to ACC WSMP audit.
- Environmental to the ISO14001 standard.

Welcome to the All Systems Go Newsletter!

Winter is here and to help ward off the chills grab your hot drink of choice and indulge in a few minutes of "me" time with us.

In this month's issue...

- Our MD shares tips on how we can all work smarter, not harder with new innovations and tailor-made service. [read more...](#)

- Brush up on your computer virus knowledge and keep the bugs at bay! [read more...](#)



REGISTER NOW
BakeNZ Expo 2011

- The Bake Expo is nearly here, Make sure you don't miss out! [read more...](#)

- Presenting: the latest additions to the awesome All Systems Go team! [read more...](#)

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MD'S BLOG

Listening to the radio I hear that consumer spending has made it back to the same level as it was before the GST increase to 15%. I think, looking at the stats out there, things like "In the past year, fruit and vegetable prices have gone up by 16.4%" are common phrases.

In IT terms there are a lot of developments which can help us all work smarter, and not harder. The new 2011 Small Business Server platform is proving to be a winner with great performance all round. On the mobility side we are really enjoying the Acer A500 tablets running Android. The applications available seem endless everything from voice to text, mapping with GPS support, even games and educational things to keep the kids occupied. The USB port and easy connectivity to the PC make it a clear winner over the iPad2. The reviews on the web tend to agree.

We are helping to keep operational costs down by offering a fixed fee server/network, or even just a system level support option. So if this will help with your budgeting give me a call. We have options to fit any scenario, and if it's something new we will figure out a solution that not only works but makes sense.

Coming up in the near future there will be the launch of the new Microsoft Windows Thin PC operating system. The intention is to use that old computer hardware with the new cut down, streamlined OS that gives great performance even if the computer hardware is an antique. We are testing this in house now and will find all sorts of ways to use it to take advantage of the old hardware you may have, or maybe just to use ultra small form factor PC's to bring more options for how you get your work done.

It's still awesome to see our son Charles using the touch screen at home; with new applications coming out all the time the touch environment is an incredible addition for anyone's living room. Let me know if you are interested in info on these, we have some great options.



A handwritten signature in blue ink that reads "Tim Adams".

Tim Adams



WHAT IS LURKING ON THE INTERNET?

By Michael Henderson

Today there are many things that can harm your computer just by being connected to the internet. I thought that this would be a good time to tell you some of the things to watch out for and how to protect yourself from the internet.



Computer Virus

A virus is a program that infects your computer, or in some cases infects yours and any other computer connected to your network.



It can do many things, depending on what it's programmed to do. It can crash the computer by overloading it, change all of the settings, delete, corrupt and steal your data, such as photos and documents. It can create a back door

into your computer to allow the hacker access to your computer, or in some cases it will encrypt all of the data on your hard drive and hold you ransom until you pay the hacker for the password.

Viruses can infect your computer in many ways; emails, browsing websites that have been hacked, people sharing files and file storage devices. Even from media e.g. flash sticks, CDs, DVDs, downloading programs and movies from torrents and Lime wire, or not scanning files before using them.

Spyware Software

Spyware is another nasty little bit of software that can install on a computer and run in the background without the user knowing about it.

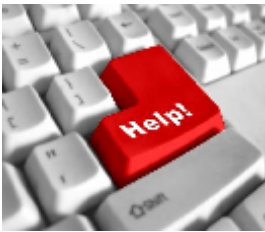
This software is used to record everything that a person does on your computer, what web sites you have been to, and what keys on the keyboard have been pushed. Its main goal is to suck up and record information which it will send back to its creator. The creator can use it for malicious uses such as accessing bank, credit details, passwords etc.

Malware

Malware is used by people who try to get hold of your credit card details and other personal details.

This scam works through a webpage or pop-up that appears on your screen, saying it has done a scan (which is a lie), or asks if you would like to do a scan. It will come up saying it has detected a number of problems or infections in the PC or laptop, and asks if you would like it to fix the issues. For the program to "fix it" you must activate the program for it to work. To do this it will ask you for your credit card details.

This is how they scam you. They use scare tactics to scare people into thinking their computer is infected, and then get money from you to fix it. XP Home and Pro has no defence and it has been hit quite a bit. Windows 7 is better protected from this as it has a feature which asks the user if they want to run a program, and they tell you where the program is from.



There are many ways to combat these threats.

- First, make sure that your computer is up to date with all the Microsoft updates. Microsoft recently released a record 49 security updates in one day for all their products. I recommend checking at least once a week.
- Make sure you have a good antivirus program that does virus, spyware and malware protection. Run a full virus scan at least once a week, if not more.
- Make sure the virus protection is the latest version and it is up to date. Antivirus software companies release new updates for new viruses every day.
- Scan everything that you download before installing, or use otherwise.
- When opening an email make sure you look at who is it from and what the subject of the email is.
- Upgrade your computer to the latest Operating System. If you have XP or Vista I recommend going to Windows 7 secure.
- **The most important thing is to have a backup, and to make a backup of your backup. Trust me when I say it will save you a lot of time, money and heartache by obtaining an external hard drive for backups.**





Bake Expo by Stephanie Carbone

The Baking Industry Association (BIANZ) is hosting a Bakery Expo from 9am to 3pm, on 20th August at Heavens Bakery in Napier as part of its annual BakeNZ event.



The emphasis will be on innovative skills and products, with guaranteed ways to increase business turnover instantly. There will be a wide range of demonstrations by well-known industry players, as well as tastings, free samples, trade stands, and excellent networking opportunities.

The Compliance Department of ASG will have a stand available to answer Compliance questions - focusing on Food Safety, and Health & Safety Programme requirements.

From 6:00pm onwards, the BIANZ Annual Awards Dinner will be held at the Napier War Memorial Conference Centre. A cocktail hour will be followed by a three course meal and our awards ceremony, where winners in the Bakery of the Year, and Trainee of the Year Competitions will be announced. Sir Peter Leitch, aka **The Mad Butcher**, will be the guest speaker this year. He has a fascinating story to tell of how he turned the humble sausage into an empire, from leaving school at 15 to owning 37 stores countrywide by 2010. Awards Dinner Tickets are \$120 each.

Entry to the Bakery Expo is free to BIANZ members.
Non-members pay \$20.

However, ASG is offering non BIANZ members interested in attending two free Expo tickets! Be one of the first five people to contact me and go into the draw on 1st August.

Stephanie Carbone
Consulting Compliance Manager
Email: Stephanie@allsystemsgo.co.nz
Mobile: 021 2237229

For more info see the BIANZ website <http://www.bianz.co.nz/conference>





AKA



Hi there everyone, I'm Andrew Nesham signing in for All Systems Go!

I have been in the IT industry for around 4 years. I have a Bachelors Degree in Information Technology and have been tinkering with computers and electronics since I was big enough to hold a screwdriver and take apart my Playskool Spaceship (losing most of the pieces). We have recently moved to the big smoke (Auckland) from Hamilton (City Of The Future). Some of you may have heard of it, it's that place on the way to almost anywhere else! I have a wonderful partner named Susie who keeps me on my toes, and a large close family in Tauranga including 7 nieces and a nephew.

I enjoy anything IT related, and I am more than keen to help all our customers squish the bugs in their systems, and I'll try anything twice.



AKA



My name is Marlé, I come from South Africa and have joined the awesome All Systems Go team in May. As the Secretary I am responsible for ensuring the smooth and efficient running of office operations and procedures. I hold a Bachelors of Commerce and have over 10 years' experience in administration and management across various industries.

After living, working and travelling abroad for a few years I've decided there is no better country in the world than New Zealand, and have decided to settle here permanently.

I am passionate about taking care of our customers, and am eager to assist. Don't hesitate to call, even if it is just for a chat!

The Brother logo is displayed in white lowercase letters on a blue rectangular background. The background of the entire page features abstract blue and white light trails and patterns.

brother®

Brother Ink and Laser Consumables

We now have a partnership with Brother that allows us to sell Brother Consumables at supplier rates. If you have a Brother Printer and it is costing you a fortune to replace, or to refill your inks and toners, we have the solution.

Tip: you may not realize that your printers can take High Cap, which last up to 2 - 3 times longer!

Give us a call and we can give you a quote!

Nod32 Antivirus

In August this year the Nod32 Antivirus software v 2.7 is coming to its end of life and will no longer be supported. It will be replaced by the new 4.2 version.

For all ASG customers, if you hold a Nod License with us we can upgrade your antivirus software versions 2.7 - 4.0 to the latest version for free! Or, if your Nod License is not with us, we can help you transfer it and receive the free upgrade!

If you are not sure what version you have, please call us. We can check over the phone or remotely over the internet.

